

SPORLE PARISH COUNCIL

Litter Picking Volunteer Sheet.

Thank you for volunteering to litter pick within the Parish of Sporle – please read the below, and sign to say you have received this document. If there is anything you do not understand please do ask. The Council has an Accident Book – please ensure any injury is reported. In an emergency dial 999.

Risk Assessment - Working on or near roads:

- Follow road safety guidelines (look both ways when crossing)
- Cross roads when clear to do so and avoid crossing near parked vehicles
- Do not enter private drives or private property
- Where there is no pavement, walk facing oncoming traffic - double the chance of being seen (you see driver and they see you).

Risk Assessment - PPE (Personal Protective Equipment) – if you do not have these items please ask for them from the co-ordinator:

- Wear hi-viz clothing at all times whilst working
- Wear appropriate footwear (full shoes, boots, wellies)
- Wear gloves (protect hands from sharp objects, animal faeces)
- Wear long trousers, especially in roadside verges

Risk Assessment - Personal Care:

- Use picker to retrieve rubbish and take extra care with drinks cans, plastic and wire placing it carefully in sack (no broken glass, syringes - if possible let an adult know its there).
- Do not over-reach to retrieve litter (risk of fall/injury)
- Walk, don't run, especially as verges are often uneven (sprains)
- Follow Parent/Carer instructions regarding weather conditions
- Stay hydrated if weather is hot, wear sun-creams and hats. If you need to put a coat on make sure hi-viz is the top layer.
- Take breaks when needed, in safe places
- Ensure any medical conditions are known to parents/supervisors (e.g. asthma, allergies)
- Stay vigilant by hedges (branches, brambles, nettles can cause a variety of injuries/allergies - especially to eyes, face and uncovered skin)

Risk Assessment - Animals and insects:

- Do not approach dogs, especially if they are not on leads
- Do not stroke dogs unless you have permission from the owner
- Take extra care around areas of wasps/bees as there may be a nest
- If you are entering fields/lanes make sure to close gates
- Do not enter farms, especially where cows, sheep, horses may have young animals.

Signed:

Dated: